

# **Geriatric Oncology: Educating Nurses to Improve Quality Care**

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# Introduction to Goal Implementation

- Goal implementation plans
  - Implementation plan template
  - What do you want to add or change?
  - Evolve as you learn



# Your Charge

- To integrate geriatric specific activities into your practice
- To improve geriatric care in your setting



**KEEP  
CALM  
BECAUSE  
WE HAVE  
A PLAN**

# Our Charge

- To provide you with support and resources to help you meet your goals
- To gather outcome data providing information describing activities in geriatric care being provided by participants across the nation.



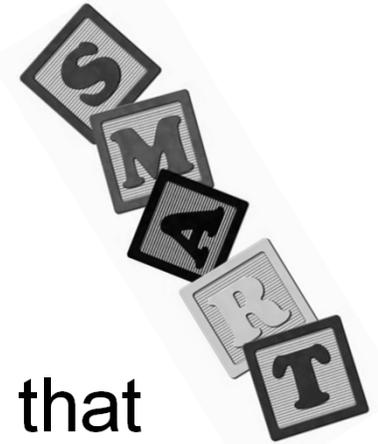
# Goal Implementation

- Goals: SMART
  - Specific and strategic
  - Measureable
  - Attainable/achievable
  - Relevant/realistic
  - Time-bound
- Complete Goal Template





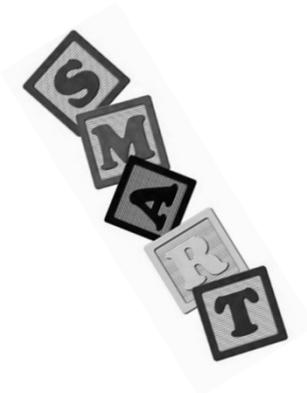
# SMART...



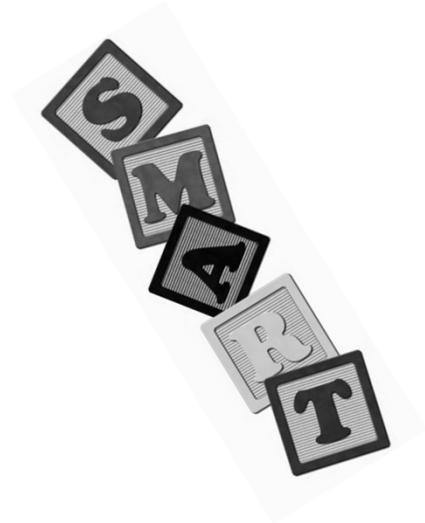
- **Strategic and Specific**
  - What would be seen as a “success” that matters?
  - Who will do what, with or for whom?
- **Measurable**
  - Is it measurable and can we measure it?
  - Are there existing measures we can use?
- **Achievable/Attainable**
  - Can we get it done with the resources and time that we have?

## ...SMART Goals...

- Relevant/realistic
  - What barriers do you anticipate and how will you address them? Competing priorities? Limited time? Limited energy?
- Results-Based
  - Learn more when you have a results focused goal
  - What was learned?
  - What improved?



## ...Smart Goals



- Time-bound
  - What can we accomplish:
    - By next Tuesday?
    - Within six months?
    - In one year?
    - Does the timing make sense in the setting?



Important to hold yourself accountable

# Year 2: Example of Goals (Education)

- Will provide nursing education focusing on "The older cancer member" at the monthly UBT (United Based Teams) Sept 2017-Sept 2018. Utilize Hartford Institute for Geriatric Nursing [www.ConsultGeriRN.org](http://www.ConsultGeriRN.org)
- We will begin a "Geriatric Corner" in the monthly nursing newsletter within 3 months to educate all nurses on different topics within geriatric nursing.
- Develop and distribute survey of baseline knowledge of geriatrics to inpatient oncology nurses by 2 months.

# Year 2: Example of Goal (Practice)

- Will assist oncologists to utilize chemotoxicity tool with patients > 70 years young who are considering chemotherapy within 12 months. Would like to see used 90% of time. (Aug 2018)) (Practice)
  - Identify physician champion to pilot project by Sept 2017
  - Write smartphrase for documentation consistency

# Examples of goals:

- Within 6 months I will present an overview of physiologic changes and comorbidities associated with aging to the general nursing staff.
- Will develop a protocol to add geriatric assessment parameters to admission assessment for all patients 70 years and older within 12 months. This will include: function, nutrition, cognition, social support, comorbidity, and psychological state upon admission.
- Will coordinate an interdisciplinary team to review cases of oncology patients 75 years and older to evaluate needs and resources available to improve their care by 12 months.
- We will pilot the use of a chemotherapy toxicity predictive plan for patients 70 years and older who are anticipated to receive chemotherapy.
- Will provide a Timed-Up-and-Go (TUG) to all inpatient admissions for patients 70 years or older to assess functional status and fall risk within 12 months

# Patient Outcomes

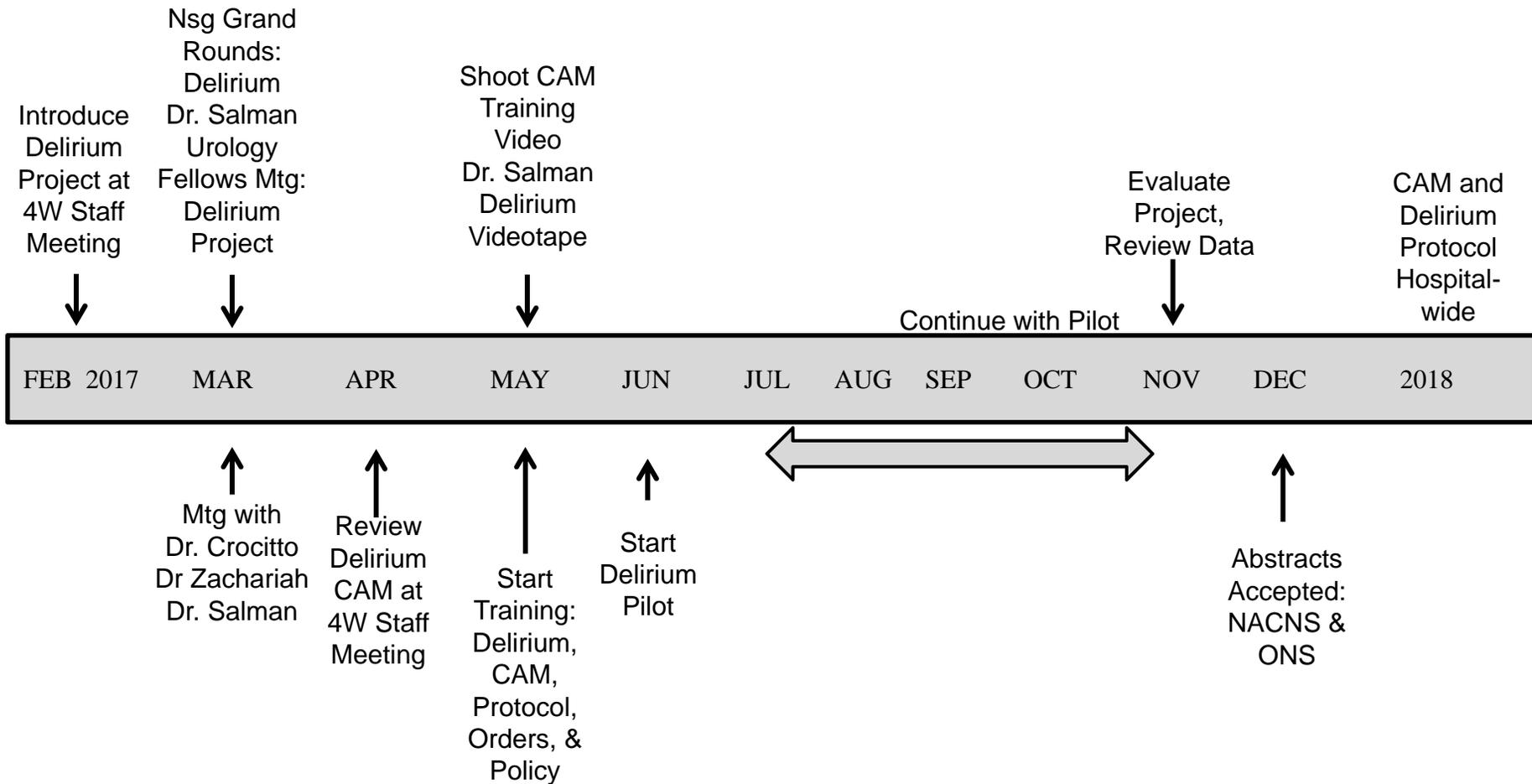
- How will your goal improve your patient outcomes in your organization?
  - Test your goals by asking the “SO WHAT” question.



# Project Framework

- Identify your stakeholders/decision makers early
- Current Process – Outline objectives/outcomes
- Identify Outcomes – Reassess if not achieved
  - Proposed/recommended process
  - Identify changes – impacted area(s)
- Timeline
  - Deliverables (measurable steps)
- Final deadline
- Evaluate your process
- Meet regularly to stay on track

# Example: Urology Delirium 4W Project Timeline



# Online Project Tools

- Airtable
  - <https://airtable.com/>
  - Has database, spreadsheet capabilities to organize your projects
- Basecamp
  - <https://basecamp.com/>
  - Organizes your projects and communication with your team.

# Evaluation Process

- Goals will be monitored via email for achievement at 6, 12 and 18 months post course.



# Welcome to Year 2 Participants!

Share their goals and progress

- Jacquie Kelley, MSN, APRN-CNP, AOCNP
  - Sanford Health, Sioux Falls, South Dakota
- Sarah Sumner, MSN, RN, OCN, CHPN
  - Providence Saint Joseph Medical Center, Burbank, California

# End of Day 1 Evaluation

- Complete today's evaluation
  - Receive a raffle ticket
  - Prize drawing in the morning

Go to Universal CityWalk  
Enjoy your evening!

