



CANCER AND AGING GSA SIG/CARG/AGS JOINT MEETING

5/18/2021

AGENDA

- **Announcements:** Drs. William Dale, Carolyn Presley, and Jessica Krok-Schoen (10 mins)
- **AGS Abstract Mini-Presentations** (30 mins)
 - Introduction: Dr. Melissa Loh
 - AGS Symposium key points: Dr. Clark Dumontier
 - GSA upcoming symposium in the Fall: Dr. Jessica Krok-Schoen
 - AGS/CARG trainee experience: Dr. Maya Abdallah
- **Intro to Brainstorm:** Drs. Carolyn Presley and Jessica Krok-Schoen (5 mins)
- **Brainstorming Time for Collaborative Symposium Ideas either at AGS and/or GSA:** Dr. Imran Ali (15 mins)
- **Closing:** Dr. Carolyn Presley (1 min)

ANNOUNCEMENTS

- **Joint AGS/NIA Conference on Cancer and Cardiovascular Disease**
 - The application for the conference is now available
 - Applications are due by Monday, June 14th, 2021
 - <https://www.surveymonkey.com/r/MN8ZS7P>

Introduction: Dr. Melissa Loh

Symposium Key Points: Dr. Clark Dumontier

GSA Upcoming Symposium in the Fall: Dr. Jessica Krok-Schoen

AGS/CARG Trainee Experience: Dr. Maya Abdallah

AGS ABSTRACT MINI-PRESENTATIONS



Dr. Melissa Loh



INTRODUCTION



AGS
SYMPOSIUM
KEY
POINTS

Dr. Clark Dumontier

Innovative and Clinically Feasible Tools to Screen for Frailty in Older Adults with Cancer

Symposium Moderator: Jane (Jenny) Driver MD, MPH

Objectives:

- Raise awareness of guidelines recommending the geriatric assessment in oncology
- Provide examples of tools for frailty assessment that are already being scaled in three cancer centers
- Overcome barriers to implementation

GSA Cancer and Aging Symposium

CONFERENCE: NOVEMBER 10-13, 2021

DR. JESSICA KROK-SCHOEN



Three examples of frailty tools

- **Gait Speed as a Functional Vital Sign in Older Adults with Cancer**
 - Clark DuMontier, MD, MPH (Brigham and Women's/DFCI)
- **Electronic Rapid Fitness Assessment (eRFA): Empowering Geriatricians to Improve Outcomes of Older Cancer Patients Through Digital Health Technology**
 - Armin Shahrokni, MD, MPH (Memorial Sloan Kettering)
- **Screening Older Adults with Cancer in an Outpatient Oncology Clinic: Implementation of the G8 into an EMR**
 - Sukeshi Patel Arora, MD (UT Health San Antonio/MD Anderson)
- **Conclusions and Next Steps**
 - Imran Y. Ali, MD, MS, MPH



The intersection of cancer, geriatrics, and gerontology: a multidisciplinary approach across the cancer continuum

- Dr. Tamara Cadet: Shared decision-making and colorectal cancer screening behaviors among older adults with low health literacy
- Dr. June Carroll: Biological aging in breast cancer survivors and the role of sleep
- Dr. Jessica Krok-Schoen: Predictors of physical activity among older breast cancer survivors from the WHI LILAC study
- Dr. Gouri Bhattacharyya: An oncologist's observations of social isolation, loneliness, and telehealth among older patients with cancer
- Dr. Jen Guida: National Cancer Institute's cancer and aging priorities

Date and time: TBA



DR. MAYA ABDALLAH

TRAINEE EXPERIENCE

DISCOVERING GERIATRIC ONCOLOGY AS A TRAINEE

- During residency
 - Clinical exposure, geriatrics networking (AGS)
 - Research opportunities during residency
 - Collaborated with Dr. Loh, introduced to geri/onc as a field
- Introduced to national geriatric oncology societies
 - **CARG, Young SIOG, AGS SIG** - Cancer and Aging
 - Began to look for geriatric/oncology lectures/presentations at national conferences

SOME CHALLENGES FOR TRAINEES & POTENTIAL SOLUTIONS

- Not always easy to identify local geriatric oncology clinicians and/or researchers
- Collaborative **networking** opportunities helped a lot
 - **Monthly CARG calls**, twitter, and more recently AGS SIG
 - Looked for geri/onc lectures/symposia at national conferences (AGS,ASH,ASCO)
- Identified multiple mentors at different institutions
 - Communicate with mentor about what you are seeking,
 - Reach out to peer-mentors as well,
 - *Share my experience of finding local mentors when I matched*

RECOMMENDATIONS & FUTURE HOPES

- **Join** CARG, young SIOG, and AGS SIG aging/CA
 - Easily accessible zoom calls/meetings
 - Not knowing about the field is OK (as a student/resident you may not yet have advanced knowledge in many fields) but that should not stop you from joining!
- Hopes for the future:
 - Increase knowledge about geriatric oncology as a field at earlier stages in trainees' careers,
 - Incorporate introductions to geriatric oncology in lectures/symposia aimed at trainees in national conferences

THANK YOU

- To my geriatric oncology mentors (at **multiple institutions**)
 - Kah Poh (Melissa) Loh, MBBCh – University of Rochester Medical Center
 - Clark DuMontier, MD – VA Boston/Brigham and Women's Hospital
 - Jenny Driver, MD – VA Boston/Dana Farber Cancer Institute
 - & my many geriatrics & heme/onc mentors within BU/BMC
- Please feel free to reach out to me with any questions: maya.abdallah@bmc.org

Drs. Carolyn Presley
and
Jessica Krok-Schoen

INTRO TO BRAINSTORM

Future Directions For CARG/AGS/GSA Collaboration



The Tisch Cancer Institute

Cancer and Aging Program

- 2015 Ethical Issues in Geriatric Oncology Patients Decision Making about Palliative Chemo or Palliative Radiation
- 2019 Cancer Immunotherapy for Older Adults What Geriatrics, Palliative Care and Primary Care needs to Know
- Future Ideas:
 - Ways to include more older adults in clinical trials. Some people at the NCI were talking about potential barriers with simple things such as transportation
 - What about challenges of managing Cancer related pain in older adults without precipitating delirium.
 - Caregiver support for older spouses, what do we need to plan for as the population ages

Imran Ali MD, MS, MPH

*Physician Fellow, Geriatric Medicine/Palliative Care/Supportive
Oncology*

THANK YOU!

Dr. Carolyn Presley

